

Duathlon Viking
 Overall Results
 June 29, 2011
 tidstaging@viking-atletik.dk

Piger

Place	løber	Total Time	løb plc 1,5 km	min pr km	skift plc 1. skift	cykling plc 9,4 km cykling	km/t	skift plc	2. skift	løb plc 1,5 km	min pr km
1	Katrine M. Hansen, Viking Atletik	32:12.3	1 6:28.1	4:19	1 0:12.5	1 18:40.7	30.2		1 0:07.0	1 6:43.9	4:29
2	Meriam Vibe Sode, Viking Atletik	39:25.9	2 7:16.7	4:51	2 0:18.2	2 24:44.1	22.8		2 0:10.4	2 6:56.4	4:37

Kvinder

Place	løber	Total Time	løb plc 3,3 km	min pr km	skift plc 1. skift	cykling plc 18,8 km cykling	km/t	skift plc	2. skift	løb plc 3,3 km	min pr km
1	Lotte Helms, TIF	1:05:04.0	1 13:17.8	4:02	1 0:15.1	1 37:27.2	30.1	1	0:07.3	1 13:56.5	4:13
2	Sanna Nielsen, TIF	1:09:21.5	2 14:54.5	4:31	2 0:20.4	2 38:17.2	29.5	2	0:09.7	3 15:39.4	4:45
3	Lis Rømer, Viking Atletik	1:14:41.1	6 16:31.2	5:00	4 0:21.1	4 40:02.6	28.2	3	0:12.2	5 17:34.0	5:19
4	Helle Kowsky, Strandløberne	1:15:23.2	4 15:30.0	4:42	11 0:58.2	5 42:27.9	26.6	11	1:10.6	2 15:16.3	4:38
5	Kirsten Kyndesen, Nyvest	1:15:33.2	7 17:26.7	5:17	7 0:28.1	3 38:36.8	29.2	7	0:19.3	7 18:42.1	5:40
6	Louise Kowsky, Strandløberne	1:15:58.5	5 15:40.9	4:45	5 0:24.1	6 43:41.7	25.8	8	0:19.5	4 15:52.0	4:48
7	Nanna Vibe Sode, Viking Atletik	1:20:39.7	3 15:15.5	4:37	9 0:41.3	7 46:13.7	24.4	4	0:12.9	6 18:16.2	5:32
8	Pia Holm Brandt, Strandløberne	1:28:01.2	8 18:38.2	5:39	6 0:27.3	8 48:40.6	23.2	6	0:17.0	8 19:57.9	6:03
9	Margit Kjølner, Viking Atletik	1:30:04.4	10 20:02.6	6:04	3 0:20.9	9 48:55.0	23.1	5	0:13.4	9 20:32.3	6:13
10	Mie Erikson, CAK	1:35:40.2	9 19:39.7	5:57	8 0:40.8	11 50:28.7	22.4	10	0:34.9	10 24:15.9	7:21
11	Laila Eriksson, Team Skals	1:49:20.8	11 33:57.1	10:17	10 0:47.9	10 49:34.3	22.8	9	0:22.0	11 24:39.3	7:28

Mænd

Place	løber	Total Time	løb plc 3,3 km	min pr km	skift plc 1. skift	cykling plc cykling	km/t	skift plc	2. skift	løb plc 3,3 km	min pr km
1	Jacob Schiøtt, Viking Atletik	54:55.6	3 11:41.7	3:32	6 0:25.4	2 30:56.9	36.5	8	0:21.0	2 11:30.3	3:29
2	Peter Paldan, TIF	55:19.3	1 11:07.8	3:22	9 0:30.0	8 32:25.8	34.8	7	0:20.3	1 10:55.2	3:18
3	Michael Lanbæk Nielsen, Saan	57:04.8	2 11:41.2	3:32	16 0:42.4	5 31:42.1	35.6	11	0:30.4	3 12:28.6	3:47
4	Jonathan Lundin, BCC	58:50.4	7 12:45.4	3:52	2 0:16.3	3 31:04.7	36.3	2	0:13.3	9 14:30.6	4:24
5	Per Clausen, Viking Triatlon	58:53.1	6 12:45.1	3:52	1 0:15.4	4 31:28.6	35.8	6	0:18.8	8 14:05.0	4:16
6	Andreas Bødsted-Møller, BCC	59:47.1	16 14:41.7	4:27	13 0:36.0	1 28:05.5	40.2	16	0:42.0	13 15:41.7	4:45
7	Jens Jørgen Munch, Sån	1:01:40.8	4 12:05.9	3:40	17 0:43.7	14 35:08.4	32.1	14	0:38.1	4 13:04.6	3:58
8	Jens Kaltøf, Viking	1:02:20.1	10 13:22.6	4:03	23 1:00.8	11 33:14.2	33.9	22	0:47.3	6 13:55.0	4:13
9	Emil Toudal, BCC	1:02:22.7	8 12:45.5	3:52	19 0:47.3	9 32:43.8	34.5	13	0:36.0	11 15:29.8	4:42
10	Claus Munch Jørgensen, Nyvest	1:02:42.3	5 12:37.9	3:49	10 0:30.2	12 34:54.7	32.3	19	0:45.3	5 13:53.9	4:12
11	Jakob Rasmussen, BCC	1:03:14.0	12 13:51.1	4:12	22 0:56.2	6 32:00.6	35.3	23	0:47.9	12 15:38.0	4:44
12	Karsten Mogensen, Strandløberne	1:03:28.3	9 13:06.2	3:58	21 0:50.5	13 35:04.6	32.2	10	0:30.0	7 13:56.8	4:13
13	Christian Olsen,	1:03:43.4	13 13:55.7	4:13	11 0:34.0	7 32:03.6	35.2	12	0:31.9	16 16:38.0	5:02
14	Mikkel Toudal, BCC	1:05:00.0	11 13:29.5	4:05	20 0:49.9	15 35:20.2	31.9	17	0:42.1	10 14:38.0	4:26
15	Stig Rasmussen, BCC	1:05:52.6	14 14:16.0	4:19	24 1:13.1	10 32:55.0	34.3	18	0:43.4	17 16:44.8	5:04
16	Niels Christensen, Viking Atletik	1:10:06.1	17 15:10.6	4:36	14 0:36.6	17 36:35.4	30.8	15	0:41.5	19 17:01.8	5:09
17	Kurt Sonne Hansen, Viking Atletik	1:10:34.6	19 16:13.5	4:55	18 0:44.2	16 35:48.9	31.5	21	0:46.7	18 17:01.2	5:09
18	Graham Cain, HIF	1:12:55.6	18 15:19.1	4:38	12 0:34.9	18 37:34.9	30.0	24	0:48.4	20 18:38.1	5:39
19	Martin Pihl Sode, Viking Atletik	1:13:36.3	15 14:18.2	4:20	3 0:20.9	22 42:59.6	26.2	3	0:14.9	14 15:42.5	4:45
20	Jannik Thornby, CAK	1:14:49.8	21 17:38.8	5:21	7 0:25.6	20 40:29.3	27.9	4	0:16.8	15 15:59.2	4:51
21	Poul Sørensen, Viking Atletik	1:16:59.9	20 17:22.2	5:16	5 0:23.6	19 39:55.2	28.3	1	0:13.1	21 19:05.7	5:47
22	Benny Rasmussen, Viking Atletik	1:22:20.5	23 19:39.2	5:57	4 0:20.9	21 41:13.1	27.4	5	0:18.0	23 20:49.1	6:18
23	Allan Lund, CAK	1:26:44.6	22 17:41.7	5:22	8 0:29.1	23 48:17.5	23.4	9	0:25.1	22 19:51.0	6:01
24	Michael Hansen, CAK	1:35:40.7	24 19:40.5	5:58	15 0:37.8	24 50:29.6	22.3	20	0:46.5	24 24:06.1	7:18